



TOWER SAINT JOHN'S IMAGING

Imaging by Specialists

PATIENT PREPARATION PLEASE FOLLOW CAREFULLY

NOTE: PLEASE BRING THIS FORM AND INSURANCE CARD WITH YOU TO YOUR EXAM

TO OUR PATIENT

- If you have previous X-rays or scans of the area we are to study, bring them with you to your appointment.
- With all exams, take your usual medications with the minimum necessary water, unless instructed otherwise.
- Leave jewelry and watches at home. Wear loose, comfortable clothing.
- Let our staff know if you are pregnant or breast feeding.
- Patients having myelograms or spinal injections must be accompanied by another person to drive them home after the exam.

MRI/MRA

○ ABDOMINAL MRI/MRA

- If you have a pacemaker, artificial heart valve, brain aneurysm clips or any other metal in your body, please contact our office prior to your appointment.

- Nothing to eat or drink, except water, 4 hours prior to your exam. **You may have plenty of water.**

CT

- Nothing to eat or drink, except water, 4 hours prior to your exam. **You may have plenty of water.**

- Please contact our office if you have had a Barium Enema or UGI within the past week.

- Exams with IV contrast: If you are diabetic, have a history of kidney disorders, or are allergic to iodine, please contact our office before your appointment.

PET/CT

- Nothing to eat or drink, except water, 6 hours prior to your exam. **You may have plenty of water. (16oz)**

- If you are diabetic, please contact our office for specific instructions.

- Avoid strenuous exercise 24 hours prior to procedure.

- Eat a low carbohydrate diet the day before your exam.

ULTRASOUND

○ ABDOMINAL

- Nothing to eat or drink 8 hours prior to your appointment. **No water.**

○ PELVIC AND OBSTETRIC

- Drink 32 oz. of water 60 minutes prior to your exam.

FLUOROSCOPY

- Call the center for specific instructions

MAMMOGRAPHY - DIGITAL SCREENING

- No perfume, deodorant or powder on the chest or underarm area.

- You will be asked to undress from the waist up. Please wear appropriate apparel.

PAIN MANAGEMENT

- Call the center for specific instructions

MAP AND CONTACT INFORMATION



TOWER SAINT JOHN'S IMAGING

Tel: 310.264.9000 • Fax: 310.264.9004

2202 Wilshire Blvd., Santa Monica, CA 90403

MRI • Open MRI • PET/CT • CT • Fluoroscopy • X-ray • U/S
Digital Screening Mammography • Pain Management

State-of-the-Art Technology

Same Day & Weekend Appointments Available

Expertise of Tower Imaging Radiologists

